

better
bean ™

QUICKIE QUESADILLA



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INGREDIENTS

- 1 Tub of your favorite Better Beans!
- 1 flour or GF tortillas
- 1/2 cup grated cheddar or vegan cheese
- Optional ingredients & toppings: sauteed veggies, avacado, salsa, sour cream, cilantro, queso fresco - get creative!



Honestly the Quickie Quesadilla is tasty as can be with just Better Beans & cheese! Try it on a busy worknight!

Heat pan without oil. Put tortilla on pan, heat on one side. Flip. Sprinkle cheese all over tortilla. Spoon beans on to one half. Fold in half heat on both sides over medium-low until browned & cheese is melted. Plate & add your favorite toppings - or nothing at all!

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